



ЗАВОД ЗА ЗДРАВСТВЕНУ ЗАШТИТУ СТУДЕНАТА
НОВИ САД

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INFORMATION ABOUT THE NEW CORONA VIRUS SARS-CoV-2 INFECTION

- Wash your hands regularly. Washing your hands with soap and water for 20 seconds is an effective measure to reduce the risk of transmission of the infection from the affected person to others, or to prevent the contamination of surfaces. Avoid touching the face (mouth, nose, eyes) with the hands.

- Respiratory hygiene. Cover your mouth and nose when sneezing and coughing with a handkerchief or, if a handkerchief is not available, with your bent elbow. Dispose the handkerchief safely after use (in a resealable bag or bucket). Then wash your hands with water and soap. If water and soap are not available, disinfect hands with an alcohol-containing product.

- Please do not share items with persons who have respiratory problems like glasses, dishes, cutlery, toothbrushes, etc.). In case of use of these items, it is obligatory to wash them before use as well as after using with water and usual household dishwasher.

- Please maintain social distancing. Avoid usual social greetings like shaking hands, kissing and hugging others. Maintain at least 1-2 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.

- Monitor your health. Stay at home if you begin to feel unwell, even with mild symptoms such as headache and slight runny nose, until you recover. Avoiding contact with others and visits to medical facilities will allow these facilities to operate more effectively and help protect you and others from possible COVID-19 and other viruses. If you develop fever, cough, shortness of breath, heavy breathing please seek medical advice promptly. Call in advance our Health team from 7.00-19.30h on numbers 021/4870 558, 021/4870 547. Please also tell our health care professionals about any recent travel or if you had contact with persons who have/had Corona virus infection. Calling in advance will help to get you quickly to the right health facility and is important to reduce the risk of infection to other patients as well as to healthcare professionals. Please avoid contact with other people in the household. Stay in a separate room. Application of protection measures when entering common areas (eg bathroom). Please wear a medical (surgical) mask over the mouth and nose in contact with other persons in the household or outside the household.

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Epidemiologist